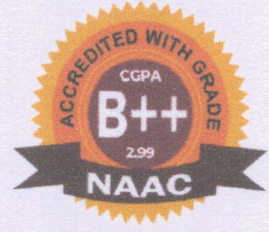




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## AYURSPECTRUM 2025 PROGRAM REPORT

**Organised By MES Ayurved Mahavidyalaya, Ghanekhunt Lote,  
Khed, Ratnagiri, 415722**

### Introduction:

The Maharashtra Education Society, established in 1860, is one of the oldest and most respected educational institutions in our state, carrying forward a rich legacy of discipline, patriotism, and quality education through more than 75 institutions. Among them, our own MES Ayurveda Mahavidyalaya, affiliated with MUHS and accredited by NAAC with a CGPA of 2.99, has a B++ grade score, along with MESAM Parshuram Hospital, which has been dedicated to integrating the traditional wisdom of Ayurveda with modern scientific approaches, serving society through education, research, and healthcare. This two-day seminar was a step in that direction.

AYURSPECTRUM 2025, a two-day national seminar, was successfully organised with the theme "Global Vision of Healing for Contemporary Ailments". The event was hosted by MES Ayurved College, affiliated with the Maharashtra University of Health Sciences (MUHS), Nashik, under the able guidance of the management, respected dignitaries, and the organising committee. The organisation Ayurveda Vyaspeeth, Ratnagiri branch, strongly supports the organisation and the successful completion of the event.

The program aimed to provide a comprehensive academic and clinical platform for deliberating on Ayurveda's contributions to addressing modern-day health challenges, while also celebrating the heritage of Ayurveda on National Ayurveda Day.

### Objectives of the Event:

- To create awareness about Ayurveda's holistic potential in contemporary health care.
- To provide academic exposure through expert lectures and panel discussions.
- To highlight Ayurveda's evidence-based role in lifestyle disorders, metabolic issues, gynaecological health, oncology, and cosmetology.
- To encourage research and knowledge exchange through scientific paper presentations.
- To promote community outreach via special OPDs and practical demonstrations.

### Program Details:

The program was planned in celebration of the 10<sup>th</sup> National Ayurveda Day by the HSET committee of MES Ayurved Mahavidyalaya and executed by the organising committee, along with all teaching and non-teaching staff of the college. Initially, a theme of the program



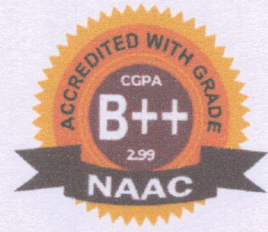




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was decided, and a proposal for a university grant was prepared by the organising secretary and sent for approval to the university.

Particulars	Details
Dates	23 <sup>rd</sup> & 24 <sup>th</sup> September
Venue	MES Ayurved Mahavidyalaya, Ghanekhunt Lote,
Theme	Global Vision of Healing for Contemporary Ailments
Registrations	Over 215 delegates, including academicians, postgraduate and undergraduate students, practitioners, and researchers.

### Inaugural Ceremony:

The program was inaugurated in the presence of eminent dignitaries:

**Chairperson:** Dr Atul Kulkarni, Secretary MES, Pune

**Guest of Honour:** Dr Sham Bhakare

**Special Invitees:** Dr Dhananjay Kulkarni (Secretary, Ayurveda Vyaspeeth), Dr Ashok Patil (Observer, MUHS, Nashik), Dr Sachin Utpat (Principal, MES Ayurved College), Dr Manjiri Jog, President, Ayurved Vyaspeeth Ratnagiri, Branch. The inauguration was followed by keynote addresses setting the academic tone of the seminar.

**Souvenir Publication:** The articles from guest speakers at the seminar and abstracts from participants were compiled and edited into a souvenir, published as a book of abstracts with a print ISBN. The cover page and virtual opening ceremony photos are attached to the report.

### Academic Sessions:

**Day 1 focused on informative sessions covering:**

#### 1. AYUSH & NCISM: By Dr Ganesh Patil

Dr Ganesh Patil delivered an informative lecture on the AYUSH Department and the NCISM board, along with an introduction to various organisations associated with Ayurved, like CCRAS, FDA, FESSAI

#### 2. Cosmetology in Ayurveda: By Dr Kirti Deo.

Dr Kirti Deo presented a topic regarding the development and use of an AI tool for the diagnosis of Tarunyapitika. Dr Kirti Deo explained the methodology of developing an AI tool and its scope in Ayurved. The session was innovative and informative.

#### 3. PCOS & Infertility and its management in Ayurved: By Dr Shubhangi Bhatkhande.



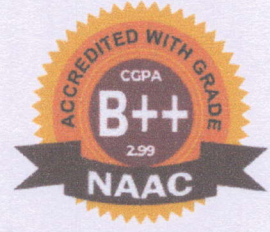




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Dr Shubhangi Bhatkhande explains the pathophysiology of PCOS in compliance with Ayurvedic diagnosis and its management in Ayurved—also, clinical case presentations of PCOS and Infertility.

**4. Preventive Aspects of Metabolic Diseases: By Vd. Suvinay Damale**

Vd. Suvinay Damale nicely explained the prevention of metabolic diseases with Ayurveda. Additionally, compliance with the scientific aspects of preventive measures is described in Ayurveda as Dincharya, Rutucharya, Ahar, and Vihar.

**5. Cracking the code of Vaginal discharge: By Dr Pradnya Aptikar**

Dr Pradnya Aptikar explained the different pathological aspects of vaginal discharges. Also presented to comply with the clinical and pathological findings. The session ran over time and concluded with a comprehensive overview of all pathological conditions in gynaecology.

All the sessions were streamed through YouTube channel link <https://tinyurl.com/6y4zr9kx>.

At 5:30, the academic sessions ended, marking the end of Day 1, followed by the Valedictory session.

**Day 2 featured:**

- Special OPDs by expert clinicians
- Scientific paper and poster presentations with participation from PG, PhD & Faculties throughout the Nation. A total of 140 scientific paper presentations were part of the scientific session conducted offline and online.

**Participation and Outcomes:**

Delegates Attended: More than 200

Speakers: 6

Scientific Presentations: 140

Special OPDs Conducted: 9 OPDS were conducted, and 134 patients were examined in these special OPDs

The event provided a strong platform for knowledge sharing, research encouragement, and community benefit. Participants appreciated the seminar's blend of academic, clinical, and practical dimensions of Ayurveda.

**Valedictory Session:** The program concluded with a valedictory session, during which certificates were distributed to participants, presenters, and volunteers. Dignitaries appreciated the efforts of the organising team, and participants shared positive feedback about the enriching experience.

**Acknowledgements:**





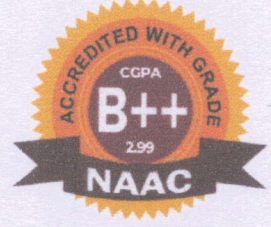


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The organising committee extends heartfelt gratitude to:

The Management of MES and MUHS for their constant support and guidance.

All the sponsors for sponsoring the event. The prime sponsor was Shree Dhootpapeswar Pvt. Ltd., Mumbai. The other sponsors include Ayurved Rasashasla Pune, Vyas Ayurved Pharma, Rajasthan, AVN Ayurvedic Pharma, Madurai, Sitaram Ayurveda, Chaitanya Ayurveda Pharma, Nashik.

All eminent speakers, dignitaries, and guests.

Faculty members, non-teaching staff, and student volunteers for their dedicated efforts.

Delegates and participants for their enthusiastic involvement.

**Conclusion:** AYURSPECTRUM 2025 was a resounding success, fulfilling its objectives of academic enrichment, research encouragement, and public outreach. The event truly reflected Ayurveda's potential as a global healing system for contemporary ailments.



  
PRINCIPAL I/C  
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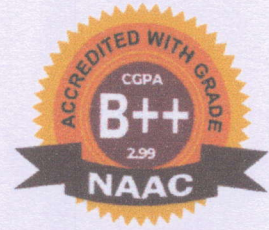




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## Photographs

### Inaugural Preparation



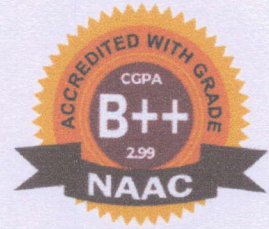




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## Inauguration



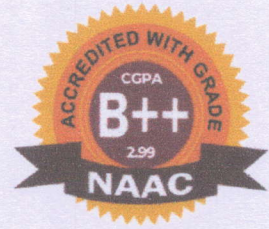




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Lote Parshuram  
MIDC, Maharashtra, India

Lote Parshuram MIDC, Lote Parshuram MIDC,  
Lote Parshuram MIDC, Maharashtra 415722,  
India

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Note: Captured by GPS Map Camera



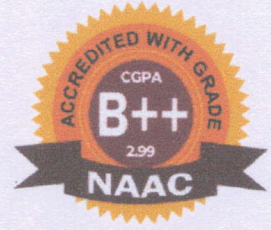




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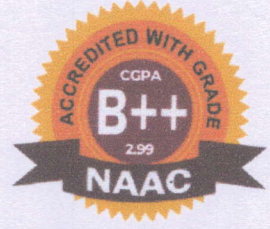




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### Scientific sessions



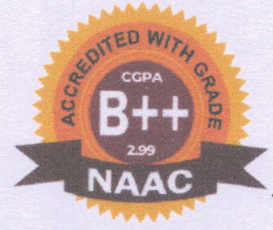




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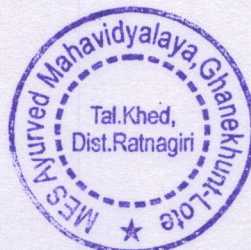
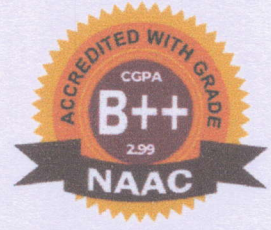




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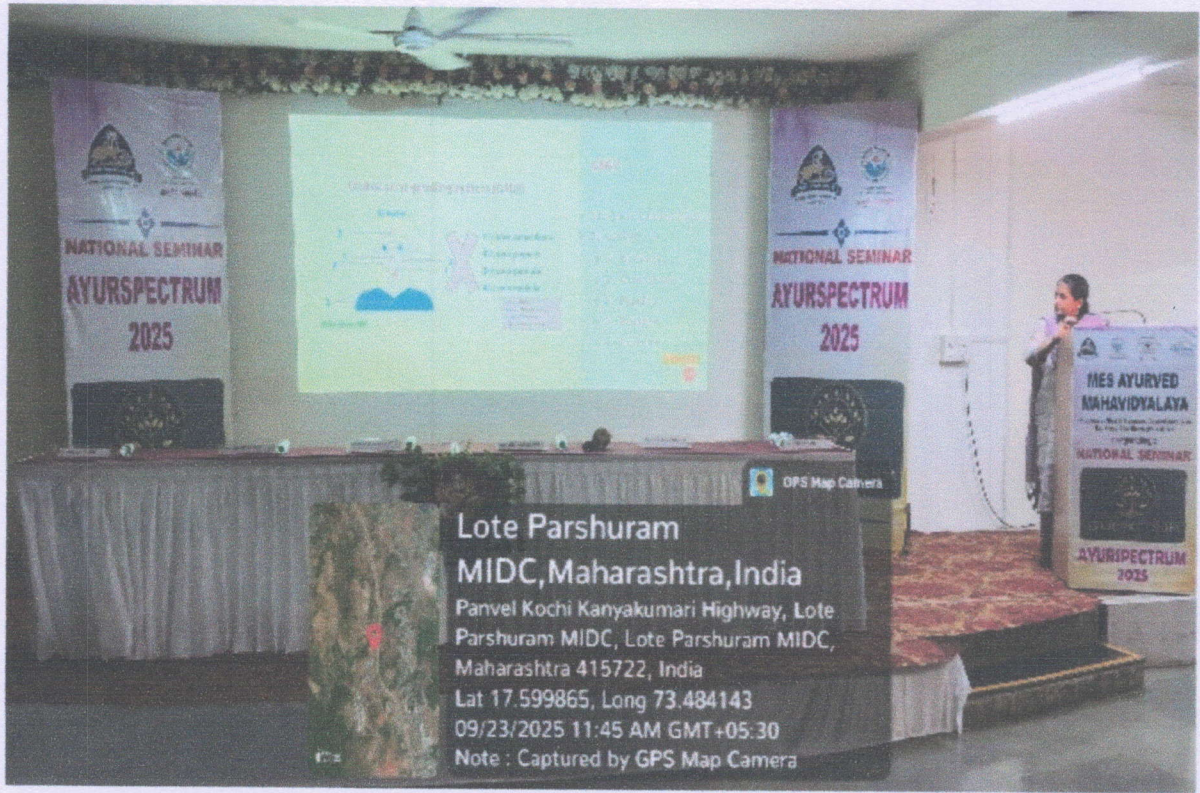
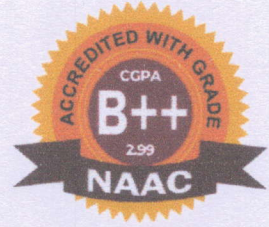




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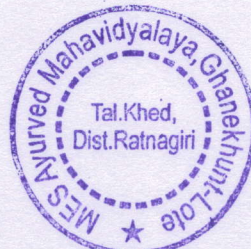
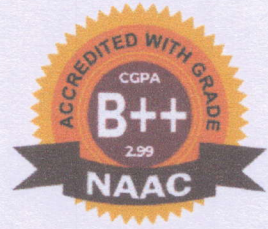
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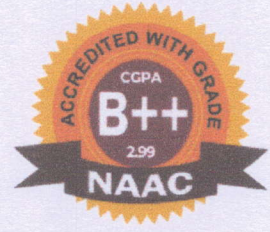






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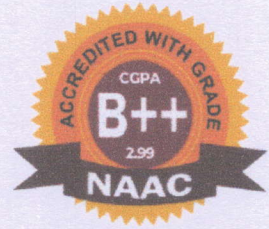




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### Special OPDs



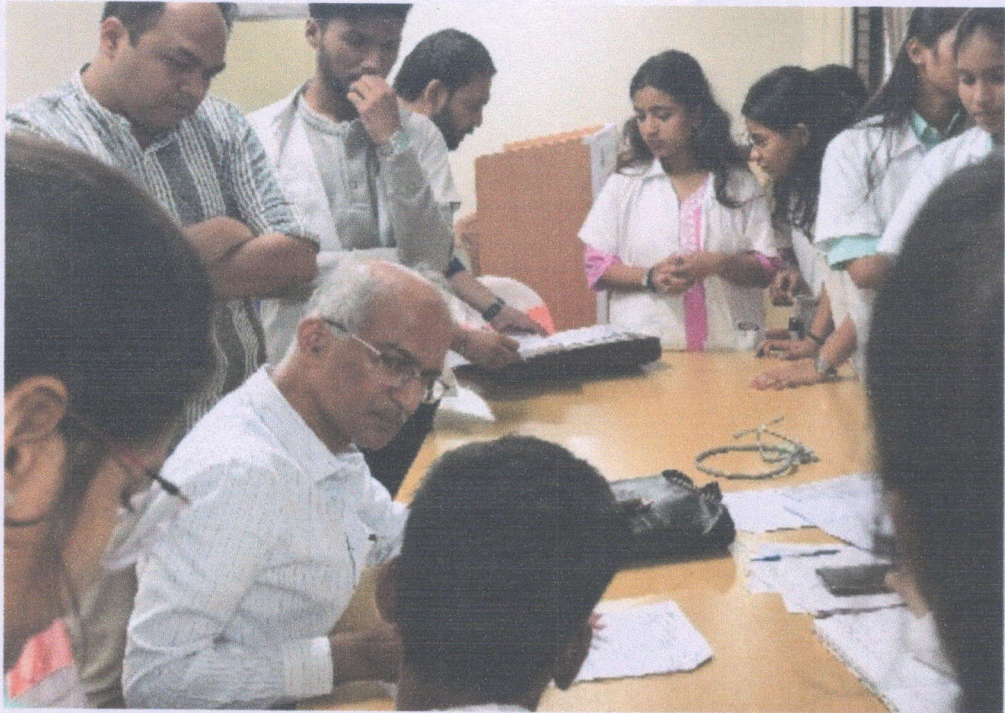
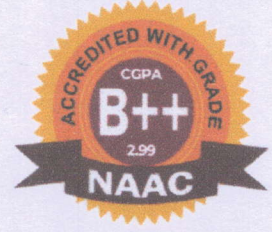




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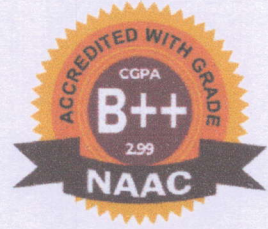


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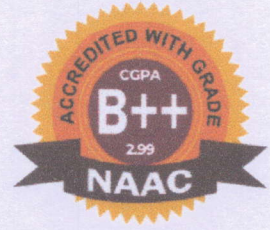




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