



Maharashtra Education Society, Pune's
MES Ayurved Mahavidyalaya
 NAAC Accredited
 Ghanekhunt - Lote, Tal - Khed, Dist - Ratnagiri 415722
 Ph No: (02356) 661551, 661552, 661566
 Email: mesayurved@mespune.in Website: ayurved.mespune.in



ADVANCE TEACHING PLAN
(Theory: Lecture & Non Lecture)

Name of Department: Panchkarma Department

Professional Year: 2025 - 26

Batch: III BAMS (2021-22)

Term: Second

Month: January 2026

Date	Name of Topic	No. of LH	No. of NLH	Teaching Method	Name of faculty	C O	PO
01/01/2026-07/01/2026	Cultural Events						
08/01/2026	Apply the principles of selection of Virechana formulations - Trivrut Lehya. Avipathi Choorana, Abhayadi, Modaka, Gandharveranda Taila	01		L&PPT	Dr.Gujar	CO2	PO3
12/01/2026	Describe the Sambhara Sangraha and Atura Pariksha	01		L&PPT	Dr Kambale	CO2, CO4	PO2, po3
13/01/2026	Explain Aatura Sidhata including Abhyantara Snehapana, Vishrama Kala procedures and Virechana Yoga with Anupana and dose	01		CBL, L & PPT	Dr Aswathi	CO2, CO4	PO2, po3
15/01/2026	Enlist and identify Virechana and Virechanopaga Dravya and describe the properties of Virechana Dravya		01	L&PPT, DG	Dr .Swami	CO2	PO3
19/01/2026	Explain the administration of Virechana Yoga and observation of Vega	01		CBL, L&PPT	Dr Gujar	CO4	PO2
20/01/2026	Prepare a disease wise Virechana Purva Karma chart		01	CBL	Dr Utpat	CO3	PO2
22/01/2026	Infer the symptoms of Samyak, Ayoga, Atiyoga of Virechana with Chikitsa of Ayoga and Atiyoga	01		L&PPT, CBL	Dr Kambale	CO4, CO6	PO7, PO2
27/01/2026	Explain Paschat Karma of Virechana including assessment of Shuddhi, Samsarjana Krama and Parihara Vishaya of Virechana	01		L&PPT, CBL	Dr Gujar	CO4, CO6	PO7, PO2
29/01/2026	Explain Virechana Vyapat and Chikitsa	01		L&PPT, CBL	Dr Aswathi	CO4, CO6	PO7, PO2


HOD

Department of Panchkarma
H.O.D.

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Chairman/Secretary
Academic committee
 Chairman / Secretary
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ADVANCE TEACHING PLAN (Practical)

Name of Department: Panchkarma Department

Professional Year: 2025 -26

Batch: III BAMS (2021-22)

Term: Second

Month: Jan 2026

Date	Batch	Name of Practical	TL Method	Name of faculty
01/01/2026-07/01/2026		Cultural Events		
08/01/2026	A	Demonstrate Virechana Karma in Prameha	CBL,D	Dr Gujar
09/01/2026	B	Demonstrate Virechana Karma in Pakshaghata	CBL,D	Dr Gujar
10/01/2026	A	Demonstrate Virechana Karma in Prameha	CBL,D	Dr Aswathi
12/01/2026	B	Demonstrate Virechana Karma in Prameha	CBL,D	Dr Aswathi
13/01/2026	A	Identify and compare traditional and conventional Basti Yantra, their components and applications	KL	Dr Kambale
14/01/2026	B	Demonstrate Virechana Karma in Prameha	CBL,D	Dr Kambale
15/01/2026	A	Identify and compare traditional and conventional Basti Yantra, their components and applications	KL	Dr Gujar
16/01/2026	B	Identify and compare traditional and conventional Basti Yantra, their components and applications	KL	Dr Gujar
17/01/2026	A	Identify and compare traditional and conventional Basti Yantra, their components and applications	KL	Dr Aswathi
19/01/2026	B	Identify and compare traditional and conventional Basti Yantra, their components and applications	KL	Dr Aswathi
20/01/2026	A	Demonstrate Purva Karma of Anuvasana Basti	D	Dr Kambale





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21/01/2026	B	Identify and compare traditional and conventional Basti Yantra, their components and applications	KL	Dr Kambale
22/01/2026	A	Demonstrate Purva Karma of Anuvasana Basti	D	Dr Gujar
23/01/2026	B	Demonstrate Purva Karma of Anuvasana Basti	D	Dr Gujar
24/01/2026	A	Demonstrate Purva Karma of Anuvasana Basti	D	Dr Aswathi
27/01/2026	A	Demonstrate Pradhana Karma of Anuvasana Basti	D, KL	Dr Kambale
28/01/2026	B	Demonstrate Purva Karma of Anuvasana Basti	D	Dr Kambale
29/01/2026	A	Demonstrate Pradhana Karma of Anuvasana Basti	D, KL	Dr Gujar
30/01/2026	B	Demonstrate Purva Karma of Anuvasana Basti	D	Dr Gujar
31/01/2026	A	Demonstrate Pradhana Karma of Anuvasana Basti	D, KL	Dr Aswathi


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