



Maharashtra Education Society, Pune's
MES Ayurved Mahavidyalaya
NAAC Accredited
Ghanekhunt - Lote, Tal - Khed, Dist - Ratnagiri 415722
Ph. No: (02356) 661551, 661552, 661566
Email: mesayurved@mespune.in Website: ayurved.mespune.in



ADVANCE TEACHING PLAN

Name of Department: Kriya Sharir

Professional Year: 1st BAMS

Batch: 2025-26

Term: 1st Term

Month: January 2026

NON LECTURE (PRACTICAL)

Sr. No.	Date	Name of Practical	Teaching Method	Name of Faculty	CO	PO
1.	01/01/2026 to 08/01/2026	Pratyush 2026				
2.	09/01/2026	Demonstrate blood collection	Lecture, Demonstration, Discussion Assist, Perform	Dr. Howal Madhavi	CO3	PO1,PO2,PO3,PO5
3.	13/01/2026	Demonstrate blood collection	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
4.	14/01/2026	Demonstrate blood collection	Lecture, Demonstration, Discussion Assist, Perform	Dr. Howal Madhavi	CO3	PO1,PO2,PO3,PO5
5.	15/01/2026	Demonstrate blood collection	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
6.	16/01/2026	Estimate haemoglobin	Lecture, Demonstration, Discussion Assist, Perform	Dr. Howal Madhavi	CO3	PO1,PO2,PO3,PO5
7.	20/01/2026	Estimate haemoglobin	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
8.	21/01/2026	Estimate haemoglobin	Lecture, Demonstration, Discussion Assist, Perform	Dr. Howal Madhavi	CO3	PO1,PO2,PO3,PO5
9.	22/01/2026	Estimate haemoglobin	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
10.	23/01/2026	Estimate haemoglobin	Lecture, Demonstration, Discussion Assist, Perform	Dr. Howal Madhavi	CO3	PO1,PO2,PO3,PO5
11.	27/01/2026	Estimate haemoglobin	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5



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12.	28/01/2026	Estimate bleeding time & clotting time	Lecture, Demonstration, Discussion Assist, Perform	Dr. Howal Madhavi	CO3	PO1,PO2,PO3,PO5
13.	29/01/2026	Estimate bleeding time & clotting time	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
14.	30/01/2026	Estimate bleeding time & clotting time	Lecture, Demonstration, Discussion Assist, Perform	Dr. Howal Madhavi	CO3	PO1,PO2,PO3,PO5


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ADVANCE TEACHING PLAN

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LECTURE & NON-LECTURE (THEORY)

Sr. No.	Date	Name of Topic	LH	NLH	Teaching Method	Name of Faculty	CO	PO
1.	01/01/2026 to 08/01/2026	Pratyush 2026						
2.	09/01/2026	Describe functions of vata dosha	01	-	Lecture , Discussion	Dr Phule Sharayu	CO1	PO1,PO2
3.	10/01/2026	Rasa Dhatu: Manifestations of kshaya and Vriddhi of Rasa	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
4.	12/01/2026	Rasa Dhatu: Manifestations of kshaya and Vriddhi of Rasa	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
5.	13/01/2026	Enlist five types of vata and describe prana, udana vata	01	-	Lecture , Discussion	Dr Phule Sharayu	CO1	PO1,PO2
6.	15/01/2026	Dosha Dhatu Mala Sidhanta	01	-	Lecture , Discussion	Dr. Howal Madhavi	CO1	PO1,PO2
7.	16/01/2026	Describe prana, udana vata	01	-	Lecture , Discussion	Dr Phule Sharayu	CO1	PO1,PO2
8.	17/01/2026	Rasa Dhatu: Manifestations of kshaya and Vriddhi of Rasa	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
9.	19/01/2026	Haemopoetic system: composition, functions of blood and blood cells	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
10.	20/01/2026	Explain the term nishwas, uchwas, shwasan & describe the	01	-	Lecture , Discussion	Dr Phule Sharayu	CO1	PO1,PO2

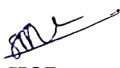


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		role of prana vayu & udana vayu in Shwasan prakriya.						
11.	22/01/2026	Basics of Srotas	01	-	Lecture , Discussion	Dr. Howal Madhavi	CO1	PO1,PO2
12.	23/01/2026	Describe the formation and articulation of shabda (words) and explain the bio-physiology of	01	-	Lecture , Discussion	Dr Phule Sharayu	CO1	PO1,PO2
13.	24/01/2026	Haemopoetic system: composition, functions of blood and blood cells	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
14.	27/01/2026	Describe samana with their specific locations, properties and functions.	01	-	Lecture , Discussion	Dr Phule Sharayu	CO1	PO1,PO2
15.	29/01/2026	Basics of Srotas	01	-	Lecture , Discussion	Dr. Howal Madhavi	CO1	PO1,PO2
16.	30/01/2026	Describe vyana vata with their specific locations, properties and functions.	01	-	Lecture , Discussion	Dr Phule Sharayu	CO1	PO1,PO2
17.	31/01/2026	Haemopoetic system: composition, functions of blood and blood cells	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2



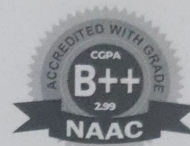
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Term: III Term

Month: January 2026

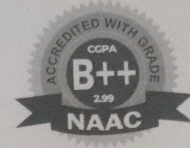
LECTURE & NON-LECTURE (THEORY)

Sr. No.	Date	Name of Topic	LH	NLH	Teaching Method	Name of Faculty	CO	PO
	01/01/2026 To 08/01/2026	Pratyush 2026						
1.	9/01/2026	Purisha: Etymological derivation, definition, formation, properties, quantity and functions of Purisha.	01	-	Lecture, Discussion	Dr.Lonkar Akshay	CO1	PO1,PO2
2.	10/01/2026	Nervous System	01	-	Lecture, Discussion	Dr. Sharayu Phule	CO1	PO1,PO2
3.	12/01/2026	Annapachana-Annavaaha srotas	01	-	Lecture, Discussion	Dr.Madhavi Howal	CO1	PO1,PO2
4.	13/01/2026	Purisha: Physiology of Purishavaha Srotas.	01	-	Lecture, Discussion	Dr.Lonkar Akshay	CO1	PO1,PO2
5.	14/01/2026	Nervous System	01	-	Lecture, Discussion	Dr. Sharayu Phule	CO1	PO1,PO2
6.	16/01/2026	Purisha: manifestations of Vridhhi and Kshhaya of Purisha	01	-	Lecture, Discussion	Dr.Lonkar Akshay	CO1	PO1,PO2
7.	17/01/2026	Nervous System	01	-	Lecture, Discussion	Dr. Sharayu Phule	CO1	PO1,PO2
8.	19/01/2026	Annapachana- Ayurvedic aspect	01	-	Lecture, Discussion	Dr.Madhavi Howal	CO1	PO1,PO2
9.	20/01/2026	Mutra: Etymological derivation, definition, formation, properties,	01	-	Lecture, Discussion	Dr.Lonkar Akshay	CO1	PO1,PO2
10.	21/01/2026	Nervous System	01	-	Lecture, Discussion	Dr. Sharayu Phule	CO1	PO1,PO2

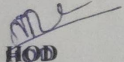


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11.	23/01/2026	Mutra: Quantity and functions of Mutra. Physiology of Mutravaha Srotas, physiology of urine formation in Ayurveda	01	-	Lecture, Discussion	Dr.Lonkar Akshay	CO1	PO1,PO2
12.	24/01/2026	Nervous System	01	-	Lecture, Discussion	Dr. Sharayu Phule	CO1	PO1,PO2
13.	27/01/2026	Annapachana- Avasthapaka	01	-	Lecture, Discussion	Dr.Madhavi Howal	CO1	PO1,PO2
14.	28/01/2026	Mutra: Manifestations of Vriddhi and Kshhaya of Mutra.			Lecture, Discussion	Dr.Lonkar Akshay	CO1	PO1,PO2
15.	30/01/2026	Nervous System	01	-	Lecture, Discussion	Dr. Sharayu Phule	CO1	PO1,PO2
16.	31/01/2026	Sveda: Etymological derivation, definition, formation and functions of Sveda	01	-	Lecture, Discussion	Dr.Lonkar Akshay	CO1	PO1,PO2


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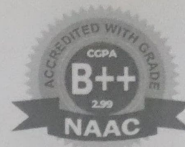



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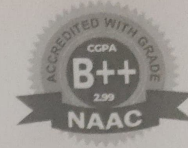
NON LECTURE (PRACTICAL)

Sr. No.	Date	Name of Practical	Teaching Method	Name of Faculty	CO	PO
1.	01/01/2026 To 08/01/2026	Pratyush 2026				
2.	09/01/2026	Koshta Parikshana	Lecture, Demonstration, Discussion Assist, Perform	Dr.Akshay Lonkar	CO3	PO1,PO2,PO3,PO5
3.	13/01/2026	ECG	Lecture, Demonstration, Discussion Assist, Perform	Dr.Madhavi Howal	CO3	PO1,PO2,PO3,PO5
4.	14/01/2026	Koshta Parikshana	Lecture, Demonstration, Discussion Assist, Perform	Dr.Akshay Lonkar	CO3	PO1,PO2,PO3,PO5
5.	15/01/2026	EGG	Lecture, Demonstration, Discussion Assist, Perform	Dr.Madhavi Howal	CO3	PO1,PO2,PO3,PO5
6.	16/01/2026	ECG	Lecture, Demonstration, Discussion Assist, Perform	Dr.Akshay Lonkar	CO3	PO1,PO2,PO3,PO5
7.	20/01/2026	CNS EXAMINATION	Lecture, Demonstration, Discussion Assist, Perform	Dr.Madhavi Howal	CO3	PO1,PO2,PO3,PO5
8.	21/01/2026	CVS EXAMINATION	Lecture, Demonstration, Discussion Assist, Perform	Dr.Akshay Lonkar	CO3	PO1,PO2,PO3,PO5
9.	22/01/2026	CNS EXAMINATION	Lecture, Demonstration, Discussion Assist, Perform	Dr.Madhavi Howal	CO3	PO1,PO2,PO3,PO5

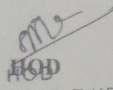


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10.	23/01/2026	RS EXAMINATION	Lecture, Demonstration, Discussion Assist, Perform	Dr.Akshay Lonkar	CO3	PO1,PO2,PO3,PO5
11.	27/01/2026	RS EXAMINATION	Lecture, Demonstration, Discussion Assist, Perform	Dr.Madhavi Howal	CO3	PO1,PO2,PO3,PO5
12.	28/01/2026	RS EXAMINATION	Lecture, Demonstration, Discussion Assist, Perform	Dr.Akshay Lonkar	CO3	PO1,PO2,PO3,PO5
13.	29/01/2026	RS EXAMINATION	Lecture, Demonstration, Discussion Assist, Perform	Dr.Madhavi Howal	CO3	PO1,PO2,PO3,PO5
14.	30/01/2026	RS EXAMINATION	Lecture, Demonstration, Discussion Assist, Perform	Dr.Akshay Lonkar	CO3	PO1,PO2,PO3,PO5


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