



Maharashtra Education Society, Pune's

MES Ayurved Mahavidyalaya

NAAC Accredited

Ghanekhunt - Lote, Tal - Khed, Dist - Ratnagiri 415722

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ADVANCE TEACHING PLAN

Name of Department: Panchkarma Department

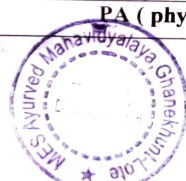
Professional Year: 2025 -26

Batch: III BAMS (2021-22)

Term: THIRD

Month: April 2026

Date	Name of Topic	No. of LH	No. of NLH	Teaching Method	Name of faculty	C O	PO
16/03/2026-07/04/2026	Second internal assessment						
09/04/2026	Describe the indications and contraindications of Anuvasana Basti	01		CBL,L &PPT ,EDU	Dr Aswathi/ Assistant professor	CO1, CO3	PO1,PO2
13/04/2026	Identify indications and contraindications of Anuvasana Basti		01	PBL,CB L	Dr Utpat	CO3	PO2
16/04/2026	Explain the Purva Karma of Anuvasana Basti including dose, diet and time of administration of Anuvasana Basti	01		L_VC,L &PPT ,D	Dr Aswathi/ Assistant professor	CO3	PO2
20/04/2026	Explain the Pradhana Karma of Anuvasana Basti comprising of steps of administration, retention time, Apratyagamana of Sneha, Samyak Yoga, Ayoga and Atiyoga and Chikitsa of Ayoga and Atiyoga	01		L&PPT ,CBL	Dr Aswathi/ Assistant professor	CO4,CO 5, CO6	PO2,PO4,P O5,PO7
21/04/2026	Explain the Paschat karma of Anuvasana Basti comprising of diet and regimen after Anuvasana basti, Vyapat and Chikitsa	01		L&PPT ,CBL,Pr BL	Dr Aswathi/ Assistant professor	CO4,CO 5, CO6	PO2,PO4,P O5,PO7
23/04/2026	Describe the indications and contra indications of Niruha Basti	01		L&PPT ,CBL,P BL	Dr Aswathi/ Assistant professor	CO1	PO1
27/04/2026	Identify the therapeutic benefits of Niruha Basti, Identify indications and contraindications for Niruha Basti		01	CBL,DI S	Dr Swami	CO3	PO2
28/04/2026	PA (physio)						





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30/04/2026	Explain the Purva Karma of Niruha basti	01	L&PPT ,L_VC	Dr Aswathi/ Assistant professor	CO4,CO5	PO2,PO4,P O5
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HOD

Department of Panchakarma
Department of Panchakarma
MES Ayurved Mahavidyalaya,
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Chairman/Secretary
Academic committee
MES Ayurved Mahavidyalaya