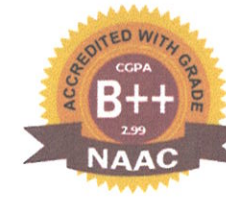




Maharashtra Education Society, Pune's
MES Ayurved Mahavidyalaya
 NAAC Accredited

Ghanekhunt - Lote, Tal - Khed, Dist - Ratnagiri 415722
 Ph. No: (02356) 661551, 661552, 661566
 Email: mesayurved@mespune.in Website: ayurved.mespune.in




3rd B.A.M.S. Awale Batch (2022-2023) First Term Timetable (Month May -2026)

Day Time	Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9-10 am	Practical	PANCHAKARMA Dr. Sachin Utpat Principal & Professor	SHALAKYATANTRA Dr. Dattatray Yalagi Professor & HOD	PANCHAKARMA Dr. Aswathi C.K Assistant Professor	SHALAKYATANTRA Dr. Shraddha Rathod Assistant Professor	PANCHAKARMA Dr. Vrushali Swami Professor & HOD	SHALAKYATANTRA Dr. Nikhil Mali Associate Professor
10-11 am		KAYACHIKITSA & ATYAYIKA CHIKITSA Dr. Sonali Rathod Assistant Professor	SHALAKYATANTRA Dr. Vaibhavi Alman Assistant Professor	KAYACHIKITSA & ATYAYIKA CHIKITSA Dr. Sonali Rathod Assistant Professor	SHALAKYATANTRA Dr. Yogesh Borase Professor & HOD	KAUMARBHRITYA Dr. Shital Pudale Associate Professor	PRASUTI & STREEROGA Dr. Anish Aatpadkar Assistant Professor
11-12 am		KAYACHIKITSA & ATYAYIKA CHIKITSA Dr. Sonali Rathod Assistant Professor	SHALAKYATANTRA Dr. Dattatray Yalagi Professor & HOD	PANCHAKARMA Dr. Aswathi C.K Assistant Professor	PRASUTI & STREEROGA Dr. Devika B. S Associate Professor	SHALAKYATANTRA Dr. Nikhil Mali Associate Professor	SAMHITA SIDHHANT Dr. Ninad Sadvilkar Associate Professor
12-1 pm	Theory	LUNCH BREAK					
1-1.30 pm		Slow Advance Learners / Mentor-Mentee System / Other student centric activities, etc.					
1.30-2 pm		Slow Advance Learners / Mentor-Mentee System / Other student centric activities, etc.					
2-3 pm		SAMHITA SIDHHANT Dr. Ninad Sadvilkar Associate Professor	PANCHAKARMA Dr. Aswathi C.K Assistant Professor	KAYACHIKITSA & ATYAYIKA CHIKITSA Dr. Sonali Rathod Assistant Professor	KAUMARBHRITYA Dr. Shital Pudale Associate Professor	SHALAKYATANTRA Dr. Akshay Yadav Assistant Professor	PRASUTI & STREEROGA Dr. Mugdha Belwalkar Assistant Professor
3-4 pm		PRASUTI & STREEROGA Dr. Dipti Chavan Professor & HOD	KAYACHIKITSA & ATYAYIKA CHIKITSA Dr. Pranjal Raorane Assistant Professor	SHALAKYATANTRA Dr. Neha Mayekar Assistant Professor	SAMHITA SIDHHANT Dr. Pradip Ingale Professor & HOD	KAUMARBHRITYA Dr. Ajay Chavan Professor & HOD	RECREATIONAL ACTIVITIES
4-5 pm		PANCHAKARMA Dr. Sachin Utpat Principal & Professor	SHALAKYATANTRA Dr. Prathamesh Shetye Associate Professor	KAUMARBHRITYA Dr. Ajay Chavan Professor & HOD	SHALAKYATANTRA Dr. Shraddha Rathod Assistant Professor	KAYACHIKITSA & ATYAYIKA CHIKITSA Dr. Sonali Rathod Assistant Professor	

(Note - Departments may take extra lectures as per requirement of NCISM syllabus but mention it in your ATP)

IMPORTANT: If classes are not conducted regularly as per the official timetable, or if a designated faculty member is found to be consistently absent, students are encouraged to report the matter. Please submit your grievance to *president.marbism@ncismindia.org including your Full Name and Enrollment/Roll Number. (Rest assured the identity of the complainant and the details of the report will be kept strictly confidential)


 Coordinator IIIrd B.A.M.S
 (Batch 2022-2023)
 Dr. Pranjal Raorane
 Assistant Professor
 Kayachikitsa

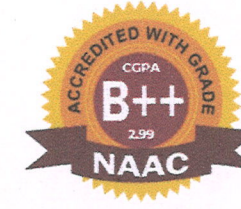



 Principal
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IIIrd BAMS (Alapure Batch-2021-2022)Third Term Timetable (Month – May 2026)

Day Time		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09.00Am-10.00Am	Practical	Shalakyatantra Dr.Nikhil Mali Associate Professor	Panchakarma Dr.Akshada Yadav Associate Professor	Shalakyatantra Dr.Shraddha Rathod Assistant Professor	Panchakarma Dr.Akshada Yadav Associate Professor	Shalakyatantra Dr.Nikhil Mali Associate Professor	Panchakarma Dr.Asawathi C.K Assistant Professor
10.00Am-12.00Pm		Shalyatantra Dr.Neha Mayekar Assistant Professor	Kayachikitsa & Atyayika Chikitsa Dr.Sonali Rathod Assistant Professor	Shalyatantra Dr.Ashok Pawar Associate Professor	Kayachikitsa & Atyayika Chikitsa Dr.Sonali Rathod Assistant Professor	Prasuti & Streeroga Dr.Dipti Chavan Professor & HOD	Kaumarbhritya Dr.Sheetal Pudale Associate Professor
12.00Pm-01.00Pm		Samhita Adhyayan Dr.Pradeep Ingle Professor & HOD	Kayachikitsa & Atyayika Chikitsa Dr.Sonali Rathod Assistant Professor	Shalyatantra Dr.Prathamesh Shetye Associate Professor	Panchkarma Dr.Asawathi C.K Assistant Professor	Kaumarbhritya Dr.Sheetal Pudale Associate Professor	Shalakyatantra Dr.Shraddha Rathod Assistant Professor
01.00Pm-01.30Pm	LUNCH BREAK						
01.30Pm-02.00Pm	Slow Advance learners/Mentor-Mentee System/Other student centric activities etc.						
02.00Pm-03.00Pm	Theory	Panchkarma Dr.Akshada Yadav Associate Professor	Shalyatantra Dr. Yogesh Borase Professor & HOD	Prasuti & Streeroga Dr.Mugdha Belwalkar Assistant Professor	Shalakyatantra Dr.Dattatray Yalagi Professor & HOD	Kayachikitsa & Atyayika Chikitsa Dr.Pranjal Raorane Assistant Professor	Kaumarbhritya Dr.Sheetal Pudale Associate Professor
03.00Pm-04.00Pm		Kayachikitsa & Atyayika Chikitsa Dr.Pranjal Raorane Assistant Professor	Panchkarma Dr.Akshada Yadav Associate Professor	Samhita Sidhhant Dr.Ninad Sadvilkar Associate Professor	Shalyatantra Dr.Vaibhavi Alman Assistant Professor	Prasuti & Streeroga Dr.Devika B.S Associate Professor	Research Statistics Dr.Shraddha Jangle Associate Professor
04.00Pm-05.00Pm		Kaumarbhritya Dr.Ajay Chavan Professor & HOD	Samhita Sidhhant Dr.Ninad Sadvilkar Associate Professor	Kayachikitsa & Atyayika Chikitsa Dr.Sonali Rathod Assistant Professor	Prasuti & Streeroga Dr.Anish Atpadkar Assistant Professor	Shalakyatantra Dr.Shraddha Rathod Assistant Professor	Library,Sports,Recreational Activity Seminar

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(Signature)

Coordinator IIIrd BAMS
 (Dr.Vaibhavi Alman, Shalyatantra Assistant Professor)



(Signature)

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