



Maharashtra Education Society, Pune's
MES Ayurved Mahavidyalaya
NAAC Accredited
Ghanekhunt - Lote, Tal - Khed, Dist - Ratnagiri 415722
Ph. No: (02356) 661551, 661552, 661566
Email: mesayurved@mespune.in Website: ayurved.mespune.in



ADVANCE TEACHING PLAN
(Theory: Lecture & Non Lecture)

Name of Department: Panchakarma Department


Professional Year: 2026 - 27

Batch: III BAMS (2022-2023)

Term: First

Month: May 2026

Date	Name of Topic	No. of LH	No. of NLH	Teaching Method	Name of faculty	CO	PO
04/05/2026	Explain Shamanartha Snehapana, Kala, Matra and Anupana	01		L&PPT	Vd Utpat	CO3,CO4	PO2
05/05/2026	Explain the Diet and Parihara Vishaya during Snehapana.		01	L&GD, BL,TP	Vd Swami /Assistant professor	CO3,CO4	PO2
06/05/2026	Comprehend Brumhana Sneha Kala, Matra and Anupana	01		L&PPT	Vd Swami	CO3,CO4	PO2
11/05/2026	Describe definition, indications, contra indications and the benefits of Abhyanga.	01		FC,L&P PT ,PL	Vd Utpat /Assistant professor	CO3,CO4	PO2
12/05/2026	Distinguish Accha Sneha and Pravicharana Sneha		01	PER,BL ,L&GD	Vd Swami /Assistant professor	CO3,CO4	PO2
13/05/2026	Explain types of Massage and various Massage Techniques.	01		L&PPT ,L_ VC,I BL	Vd Swami /Assistant professor	CO3.CO4	PO2
17/05/2026-31/05/2026	Summer Vacation						


HOD

Department of Panchakarma
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ADVANCE TEACHING PLAN
Practical)

Name of Department: Panchakarma Department
Professional Year: 2026-2027

Batch: IIIrd BAMS (2022-2023)

Term: First Month: May 2026

Date	Name of Practical	Teaching Method	Name of faculty
04/05/2026	Demonstrate the procedure of Shiropichu	D,D-M	Vd Swami /Assistant professor
06/05/2026	Demonstrate the procedure of Shirobasti.	D-M	Vd Utpat /Assistant professor
08/05/2026	Demonstrate the procedure of Shirobasti.	D-M	Vd Swami /Assistant professor
11/05/2026	Demonstrate Kati Basti , Greeva Basti and Janu Basti .	D-M	Vd Utpat /Assistant professor
13/05/2026	Demonstrate Kati Basti , Greeva Basti and Janu Basti	D-M	Vd Swami /Assistant professor
15/05/2026	Demonstrate Abhyanga	D-M	Vd Utpat /Assistant professor
17/05/2026- 31/05/2026	Summer Vacation		


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ADVANCE TEACHING PLAN

Name of Department: Panchkarma Department

Professional Year: 2025 -26

Batch: III BAMS (2021-22)

Term: THIRD

Month: May 2026

Date	Name of Topic	No. of LH	No. of NLH	Teaching Method	Name of faculty	C O	PO
04/05/2026	Explain the Pradhana Karma of Niruha Basti comprising of the steps of administration, retention time, Apratyagamana of Niruha Dravya, Samyak Yoga, Ayoga and Atiyoga and Chikitsa of Ayoga and Atiyoga	01		CBL,PB L,L&PP T	Vd Utpat	CO4,CO5	PO2,PO4,PO5
05/05/2026	Explain the Paschat Karma of Niruha Basti comprising of the diet and regimen after Niruha Basti, Vyapat and Chikitsa	01		CBL,PB L,L&PP T	Dr Swami / Assistant professor	CO4, CO5, CO6	PO2,PO4,PO5,PO7
07/05/2026	Explain the mode of action of Niruha Basti and Anuvasana Basti	01		L_Vc,L &PPT	Vd Utpat	CO1, CO3	PO1,PO2
11/05/2026	Analyse Karmukata of Niruha Basti and Anuvasana Basti		01	L_Vc,T UT,L& GD	Dr Swami	CO1,CO3	PO1,PO2
12/05/2026	Describe the ingredients, method of preparation and clinical application of Madhutailika Basti, Vaitarana Basti, Mustadi Yapana Basti, Ksheera Basti, Lekhana Basti, Eranda mooladi Basti, Pippalyadi Anuvasana Basti, Madhuyashtyadi Anuvasana Basti	01		L&PPT	Vd Utpat	CO2, CO3, CO6	PO3,PO2,PO7
14/05/2026	Analyse the principles of selection of Niruha Basti in Gridhrasi, Amavata and Anuvasana basti in Kategraha	01		CBL,PB L	Dr Swami / Assistant professor	CO2, CO3, CO6	PO3,PO2,PO7
17/05/2026-31/05/2026 - Summer vacation							

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Name of Department: Panchkarma Department
Professional Year: 2025 -26

ADVANCE TEACHING PLAN (Practical)

Batch: III BAMS (2021-22)

Term: Third

Month: May 2026

Date	Name of Practical	TL Method	Name of faculty
02/05/2026	Demonstrate Nasya Karma in Pakshaghata	CBL	Vd Utpat / Assistant professor
05/05/2026	Demonstrate Nasya Karma in Pakshaghata	D,CBL	Dr Swami / Assistant professor
07/05/2026	Demonstrate Nasya Karma in Apabahuka and Manyastambha	CBL	Vd Utpat / Assistant professor
09/05/2026	Demonstrate Nasya Karma in Apabahuka and Manyastambha	CBL,D	Dr Swami / Assistant professor
12/05/2026	Demonstrate Nasya karma in Ardita.	D,CBL	Vd Utpat / Assistant professor
14/05/2026	Demonstrate Nasya karma in Ardita.	CBL,D	Dr Swami / Assistant professor
16/05/2026	Demonstrate Nasya karma in Ardita.	D,CBL	Vd Utpat / Assistant professor
17/05/2026-31/05/2026 - Summer Vacation			


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