



Maharashtra Education Society, Pune's
MES Ayurved Mahavidyalaya
NAAC Accredited

Ghanekhunt - Lote, Tal - Khed, Dist - Ratnagiri 415722
Ph. No: (02356) 661551, 661552, 661566
Email: mesayurved@mespune.in Website: ayurved.mespune.in



ADVANCE TEACHING PLAN
(THEORY – Lectures and Non- Lectures)

Name of Department – Kayachikitsa evum Atyayika Chikitsa

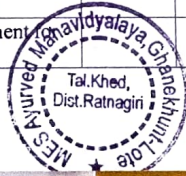
Professional Year: 2025 - 26

Batch: IIIrd BAMS (2021-22)

Term: Third

Month: June 2026

Date	Name of Topic	No. of LH	No. of NLH	Teaching Method	Name of Faculty	CO	PO
01/06/2026	State the Ekala Aushadha prayoga, Aushadha Kalpa, Rasayana in Indriyapradoshaja vikara.		1	DIS,L&GD,TB L	Dr. Pranjal Raorane	CO1, CO3	PO1,PO3,PO4, PO5
02/06/2026	Differentiate between the Chikitsa of Guhya roga		1	L_VC,DIS,TPW ,LS	Dr. Nayanesh Kambale	CO1, CO2, CO3,CO6	PO1,PO2,PO3, PO4,PO5,PO7, PO9
03/06/2026	Elaborate the role of Vajikarana in the management of Infertility(Klaibya) and Impotency(Shandhatva)	1		PER,LR I,SY,L &PPT	Dr. Sonali Rathod	CO1, CO3, CO4	PO1,PO3,PO4, PO5
05/06/2026	State the Therapeutic benefits of individual herbs in Shukra janana mahakashaya & Shukra shodhaka mahakashaya for the treatment of male/female Infertility	1		L&PPT ,LS,TU T,BS	Dr. Sonali Rathod	CO1, CO3, CO4	PO1,PO3,PO4, PO5
08/06/2026	Perform differential diagnosis and apply the treatment for Teevra Udarashoola (acute pain in the abdomen)		1	PBL,CB L,D,L_ VC,L& PPT	Dr. Pranjal Raorane	CO2, CO5	PO2,PO3, PO4,PO5
09/06/2026	Discuss the Chikitsa yojana of Guhya roga along with Phalashruti,Aushadha sevana kala, Matra and Anupana of the following Aushadha yoga Chopachinyadi churna, Ashtamurti rasa, Rasakarpoora, Triphala masee		1	PrBL,DI S,LRI,T BL	Dr. Nayanesh Kambale	CO1,CO2, CO3,CO6	PO1,PO2,PO3, PO4,PO5,PO7, PO9
10/06/2026	Classify the Phalashruti, Sevana kala, Matra & Anupana of the following Aushadha KalpanaSiddha makardwajamJatiphaladi vatiAmrita bhallataka	1		L&PPT ,TUT,F C,PER, LS	Dr. Sonali Rathod	CO1, CO3, CO4	PO1,PO3,PO4, PO5
12/06/2026	Discuss the Phalashruti of the following Aushadha Kalpana along with its Sevana kala, Matra & AnupanaShilajatu Vanga bhasmaSuvarna bhasma		1	L&GD, FC,PER ,TBL,L S	Dr. Sonali Rathod	CO1, CO3, CO4	PO1,PO3,PO4, PO5
15/06/2026	Perform differential diagnosis and apply the treatment Teevra Udarashoola (acute pain in the abdomen)		1	PBL,CB L,D,L_ VC,L& PPT	Dr. Pranjal Raorane	CO2, CO5	PO2,PO3, PO4,PO5





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16/06/2026	Explain the Ayurvedic concept of Atyaya and Atyayika Chikitsa.	1	FC,PER .L VC, L&PPT	Dr. Nayanesh Kambale	CO5	PO2, PO4,PO5
17/06/2026	Devise the Chikitsa Karmukatva, Sevana kala, Matra & Anupana of the following Aushadha Kalpana Vajikarana ghruta Vrishya ghruta Vrishya gutika Shrigopal taila	1	BL,TBL ,SY,LS, TUT	Dr. Sonali Rathod	CO1, CO3, CO4	PO1,PO3,PO4, PO5
19/06/2026	Demonstrate the Phalashruti, Sevana kala, Matra & Anupana of the following Vajikarana Yoga Madanakameswara lehya Narasimha rasayan Brimhani gulika	1	PER,PS M,LS,D IS,TBL	Dr. Sonali Rathod	CO1, CO3, CO4	PO1,PO3,PO4, PO5
22/06/2026	Show preparedness to manage Prameha Upadrava (important diabetic complications)	1	FC,DIS, PBL,PE R,L&PP T	Dr. Pranjal Raorane	CO2, CO5	PO2,PO3, PO4,PO5
23/06/2026	Explain the role of important factors like Prana, Agni etc. associated with Atyayika conditions.	1	L_VC,F C,L&PP T .DIS	Dr. Nayanesh Kambale	CO5	PO2, PO4,PO5
24/06/2026	Retrieve the Indications of Rasayana & Comprehend the Dose of Rasayana according to Ayu(age) of the patient/subject	1	L_VC,L &PPT	Dr. Sonali Rathod	CO1, CO3, CO4	PO1,PO3,PO4, PO5
29/06/2026	Describe Teevra Shvasa Vega (including acute respiratory failure, status asthmaticus, acute respiratory distress syndrome, and choking)	1	FC,L_V C,PER, CBL,L &PPT	Dr. Pranjal Raorane	CO2, CO5	PO2,PO3, PO4,PO5
30/06/2026	Demonstrate preparedness for management of Teevra Udakakshaya (including severe dehydration and electrolyte imbalance)	1	L&PPT,DM,L_VC ,FC,D	Dr. Nayanesh Kambale	CO2, CO5	PO2,PO3, PO4,PO5

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(Practical)

Name of Department – Kayachikitsa evum Atyayika Chikitsa
Professional Year: 2025-26

Batch – Alapure (2021-2022)

Term – Third

Month: June 2026

Date	Name of Practical	Teaching Method	Name of Faculty
02/06/2026	Implement management of Teevra Jwara (hyperpyrexia)	SIM,CB L,D-BE D,PBL	Dr. Anmol Belwalkar
04/06/2026	Apply management of Teevra Raktasrava (acute haemorrhage)	CBL,SI M,D-M, D-BED, PBL	Dr. Suraj Shirsath
09/06/2026	Implement management of Teevra Jwara (hyperpyrexia)	SIM,CB L,D-BE D,PBL	Dr. Anmol Belwalkar
11/06/2026	Apply management of Teevra Raktasrava (acute haemorrhage)	CBL,SI M,D-M, D-BED, PBL	Dr. Suraj Shirsath
16/06/2026	Perform differential diagnosis and apply treatment for Teevra Udarashoola (acute pain in the abdomen)	D-BED, CBL,SI M,D- M,PBL	Dr. Anmol Belwalkar
18/06/2026	Apply the treatment of Mutraghata and Mutrakricchra (including anuria, oliguria, and retention of urine)	PBL,D-M,D-BED,SIM, CBL	Dr. Suraj Shirsath
23/06/2026	Perform differential diagnosis and apply treatment for Teevra Udarashoola (acute pain in the abdomen)	D-BED, CBL,SI M,D- M,PBL	Dr. Anmol Belwalkar
25/06/2026	Apply the treatment of Mutraghata and Mutrakricchra (including anuria, oliguria, and retention of urine)	PBL,D-M,D-BED,SIM, CBL	Dr. Suraj Shirsath
30/06/2026	Apply the primary management of Hridroga Atyayika Avastha (acute cardiac emergencies)	D-BED, FC,SIM,PBL,C BL	Dr. Anmol Belwalkar

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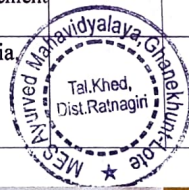
Professional Year: 2026 - 27

Batch: IIIrd BAMS (2022-23)

Term: First

Month: June 2026

Date	Name of Topic	No. of LH	No. of NLH	Teaching Method	Name of Faculty	CO	PO
1/6/2026	Describe the Samprapti vighatana, Chikitsa sutra Chikitsa and Aushadha yoga of Agnimandya Aruchi/ Arochaka	1		L&PPT	Dr. Sonali Rathod /Dr.Nayanesh kambale	CO1, CO3	PO1,PO3,PO4, PO5
2/6/2026	Parinaama shoola, Annadrava shoola	1		L&PPT	Dr. Pranjal Raorane /Dr. Anmol Belwalkar	CO1, CO3	PO1,PO3,PO4, PO5
3/6/2026	Detail Chikitsa sutra and Chikitsa yojana including Aushadha yoga and Pathyaapathya of Doshaja Gulma	1		L&PPT	Dr.Nayanesh kambale /Dr. Suraj Shirsath	CO1, CO3	PO1,PO3,PO4, PO5
5/6/2026	Vishama Jvara, Punaravartaka Jvara	1		L&PPT, REC, L	Dr. Anmol Belwalkar	CO1, CO3	PO1,PO3,PO4, PO5
8/6/2026	Grahani		1	L& PPT	Dr. Sonali Rathod	CO1, CO2, CO3	PO1,PO2,PO3, PO4,PO5
9/6/2026	Brainstorming on Etiopathogenesis, Diagnosis & Management of Urdhwaga Amlapitha(GERD), , Parinama shoola and Annadrava shoola(Acid Peptic Diseases)		1	BS, DIS	Dr, Pranjal Raorane	CO1, CO2, CO3	PO1,PO2,PO3, PO4,PO5
10/6/2026	Differentiate the appropriate Shodhana and Shamana Chikitsa in Jvara Explain the Bahirparimarjana chikitsa and Daivavyapasraya chikitsa in the management of Jvara	1	-	L& PPT, L, L&GD	Dr.Nayanesh kambale	CO1, CO3	PO1,PO3,PO4, PO5
12/6/2026	Hematopoietic disorders – Anemia, Nutritional Anemia		1	L&PPT, L_Vc	Dr. Anmol Belwalkar	CO1, CO2, CO6	PO1,PO2,PO3, PO5,PO7,PO9





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15/6/2026	Ajeerna, Alasaka, Vishuchika, Vilambika	1		L& PPT	Dr. Sonali Rathod	CO1, CO3	PO1,PO3,PO4,PO5
16/6/2026	Clinical application of Aushadha yoga based on different Kalpana in Annava srotodushti vikara.		1	LS, REC, PER	Dr, Pranjal Raorane	CO1, CO3	PO1,PO3,PO4,PO5
17/6/2026	Vishama Jvara, Punaravartaka Jvara	-	1	REC, L&GD,DIS	Dr.Nayanesh kambale	CO1, CO3	PO1,PO3,PO4,PO5
19/6/2026	Sickle Cell Anaemia, Haemolytic anaemia	1	-	SDL, DIS, PER, PL	Dr. Anmol Belwalkar	CO2, CO6	PO2,PO3,PO5,PO7,PO9
22/6/2026	etiopathogenesis, diagnosis and treatment of Raktakarkah (Leukemia)		1	PER, DIS, PL	Dr. Sonali Rathod	CO1, CO2, CO6	PO1,PO2,PO3,PO5,PO7,PO9
23/6/2026	Aanaha, Aatopa and Aadhmana	1		L& PPT	Dr, Pranjal Raorane	CO1, CO3	PO1,PO3,PO4,PO5
24/6/2026	Raktaheenatajanya dhatunasha(AvascularNecrosis)	1		L& PPT	Dr.Nayanesh Kambale	CO1, CO2, CO3, CO4,	PO1,PO2,PO3,PO4,PO5
29/6/2026	Explain Samprapti vighatana, Chikitsa sutra, Aushadha yoga, and Pathyaapthya of Chhardi	1		L&PPT	Dr. Sonali Rathod	CO1, CO3	PO1,PO3,PO4,PO5
30/6/2026	Discuss the clinical understanding and management of various varieties of Jvara.		1	L&GD, PBL, BS	Dr, Pranjal Raorane	CO1, CO3	PO1,PO3,PO4,PO5

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Batch – Awale (2022-2023)

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Month: June 2026

Date	Name of Practical	Teaching Method	Name of Faculty
1/6/2026	Beside case taking of Raktaheenatajanya dhatunasha (Avascular Necrosis) / Kroshtuka sheersha / Asthikshaya	D - BED	Dr. Pranjal Raorane
3/6/2026	Case study/ case scenario to devise a treatment plan according to principles of Manovaha srotas Documentation of a case/condition requiring manovaha srotas	DIS, L&GD, TBL	Dr.Sonali Rathod
8/6/2026	Beside Case taking of Parinaama shoola & Annadrava shoola/ Udarashoola	FC	Dr. Pranjal Raorane
10/6/2026	OP-based case taking of two Annavaahasrotodushti vikara	L&PPT	Dr.Sonali Rathod
15/6/2026	Beside case taking of Kati graha	D - BED	Dr. Pranjal Raorane
17/6/2026	Beside Case taking of Grahani	FC	Dr.Sonali Rathod
22/6/2026	Beside case taking of Greeva graha	D - BED	Dr. Pranjal Raorane
24/6/2026	Demonstrate the step of CPR on a Mannequin	W,DM,SIM,PT	Dr.Sonali Rathod/Dr.Anmol Belwalkar
29/6/2026	Beside case taking of Sandhigata vata	D - BED	Dr. Pranjal Raorane

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