



Maharashtra Education Society, Pune's
MES Ayurved Mahavidyalaya
NAAC Accredited

Ghanekhunt - Lote, Tal - Khed, Dist - Ratnagiri 415722
Ph. No: (02356) 661551, 661552, 661566
Email: mesayurved@mespune.in Website: ayurved.mespune.in



ADVANCE TEACHING PLAN

Name of the Dept.- Dept. of Sanskrit Samhita Siddhant
Professional Year - I BAMS Batch - 2025-26 Term - Second Month - July 2026
Subject - Padartha Vidnyan Total Allotted Lectures - 22
LECTURE & NON-LECTURE (THEORY)

Sr. No.	Date	Name of the faculty	Name of the Topic	Lecture Hrs.	Non lect. Hrs.	Teaching Method	CO	PO
1	02/07/2026	Dr. Mehta	Realize Practical application of study of dravya in Ayurveda	01	-	Lecture	CO3	PO1, 2 & 9
2	02/07/2026	Dr. Mehta	Discuss the role of Tamas as the tenth Dravya	-	01	Role Play	CO3	PO1, 2 & 9
3	04/07/2026	Dr. Ingle	Recite Dravya Granth of Tarka Sangrah& defn from Charak	-	01	CR	CO3	PO1, 2 & 9
4	04/07/2026	Dr. Ingle	Discuss principles and examples in contemporary sciences which will enhance understanding the concept of Karana dravya. For ex- Quantum Physic	-	01	GD	CO2,3	PO1, 2,6 & 9
5	07/07/2026	Dr. Mehta	Introduction and Definition of Guna	01	-	Lecture	CO3	PO1, 2 & 9
6	09/07/2026	Dr. Mehta	classify Guna according to various Darshanas and Charaka Samhita	-	01	GD	CO3	PO1, 2 & 9
7	09/07/2026	Dr. Mehta	Explain the Lakshana of indriyarthas Gunas with examples.	01	-	Lecture	CO3	PO1, 2 & 9
8	11/07/2026	Dr. Ingle	Discuss the Lakshana of Gurvadi Guna with examples.	-	01	Seminar	CO3	PO1, 2 & 9
9	11/07/2026	Dr. Ingle	Explain the Lakshana of Paradi and Adhyatma Guna with examples.	-	01	Seminar	CO3	PO1, 2 & 9
10	14/07/2026	Dr. Mehta	Appreciate the importance of Guna (Gunapradhanyata)	-	01	GD	CO3	PO1, 2 & 9
11	16/07/2026	Dr. Mehta	Describe the practical application of Indriyarthas Gunas in diagnosis of disease and Treatment	-	01	CBL	CO3	PO1, 2 & 9
12	16/07/2026	Dr. Mehta	Describe the practical application of Gurvadi Guna in diagnosis of disease and Treatment	01	-	Lecture	CO3	PO1, 2 & 9
13	18/07/2026	Dr. Ingle	Describe the practical application of Paraadi Gunas.	-	01	ABL	CO3	PO1, 2 & 9
14	18/07/2026	Dr. Ingle	Periodic Test-4	-	01		CO3	PO1, 2 & 9





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15	21/07/2026	Dr. Mehta	Recite the concern verses from TarkaSangrah and Charak Samhita Discuss Principles and examples in contemporary sciences which will enhance understanding the concept of Guna.	-	01	CR & SDL	CO3	PO1, 2 & 9
16	23/07/2026	Dr. Mehta	Discuss Guna, Identify Gunas in given Ahar dravya, Identify Gunas in given Sharir dravya.	-	01	Practical Demo.	CO1,2	PO1, 2,6 & 9
17	23/07/2026	Dr. Mehta	Describe the practical application of Adhyatma Guna .	01	-	Lecture	CO3	PO1, 2 & 9
18	25/07/2026	Dr. Ingle	Identify the specification of Shabda, Sparsha, Rupa, Rasa, Gandha in Dravy, find the different therapies based on 5 Sartha Gunas. e.g.Gandha. Shabda, Sparsha.	-	01	Practical Demo.	CO3	PO1, 2 & 9
19	25/07/2026	Dr. Ingle	Observe and record the effects of Seasons on Gurvadi gunas in body and nature, Correlate Gurvadi gunas with concepts learned in Physics, Chemistry and Biology.	-	01	Practical Demo.	CO3	PO1, 2 & 9
20	28/07/2026	Dr. Mehta	Identify the paratva-apatatva in five examples Perform the Sanskar (toyasannikarsha/vasan/ Bhavana)	-	01	Practical Demo.	CO3	PO1, 2 & 9
21	30/07/2026	Dr. Mehta	Frame the real life situations related to Atma Guna(sukha, dukkha etc)	-	01	Brainstorming	CO3	PO- 1, 2 & 9
22	30/07/2026	Dr. Mehta	Define Karma acco. to various Darshana and Ayurveda Compare the Karma Lakshana (characteristics) from Charaka Samhita and Darshana	01	-	Lecture	CO3	PO- 1, 2 & 9

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ADVANCE TEACHING PLAN

Name of the Dept.- Dept. of Sanskrit Samhita Siddhant
Professional Year - I BAMS Batch - 2025-26 Term - Second Month - July 2026
Subject - Samhita Adhyayan 1
Total Allotted Lectures - 35
LECTURE & NON-LECTURE (THEORY)

Sr. No.	Date	Name of the faculty	Name of the Topic	Lecture Hrs.	Non lect. Hrs.	Teaching Method	CO	PO
1	01/07/2026	Dr. Chiplunkar	A. Hr. Su. 8 Matrashitiya Adhyaya	-	01	CBL	4,6	1,2,4,7,8
2	02/07/2026	Dr. Mehta	A. Hr. Su. 8 Matrashitiya Adhyaya	-	01	CBL	4,6	1,2,4,7,8
3	03/07/2026	Dr. Sadvilkar	A. Hr. Su. 9 Dravyadividnyaneeya Adhyaya	01	-	Lecture	5,2,1	1,2,9
4	04/07/2026	Dr. Chiplunkar	A. Hr. Su. 9 Dravyadividnyaneeya Adhyaya	01	-	Lecture	5,2,1	1,2,9
5	06/07/2026	Dr. Chiplunkar	Samhita Pathan	-	01	CR	2	1
6	06/07/2026	Dr. Chiplunkar	A. Hr. Su. 9 Dravyadividnyaneeya Adhyaya	01	-	Lecture	5,2,1	1,2,9
7	07/07/2026	Dr. Mehta	Samhita Pathan	-	01	CR	2	1
8	07/07/2026	Dr. Mehta	A. Hr. Su. 9 Dravyadividnyaneeya Adhyaya	01	-	Lecture	5,2,1	1,2,9
9	08/07/2026	Dr. Chiplunkar	A. Hr. Su. 9 Dravyadividnyaneeya Adhyaya	-	01	Concept Application	5,2,1	1,2,9
10	09/07/2026	Dr. Mehta	A. Hr. Su. 9 Dravyadividnyaneeya Adhyaya	-	01	Concept Application	5,2,1	1,2,9
11	10/07/2026	Dr. Sadvilkar	A. Hr. Su. 9 Dravyadividnyaneeya Adhyaya	-	01	Concept Application	5,2,1	1,2,9
12	11/07/2026	Dr. Chiplunkar	A. Hr. Su. 9 Dravyadividnyaneeya Adhyaya	-	01	Concept Application	5,2,1	1,2,9
13	13/07/2026	Dr. Chiplunkar	Samhita Pathan	-	01	CR	2	1
14	13/07/2026	Dr. Chiplunkar	A. Hr. Su. 10 Rasabhedeeya Adhyaya	01	-	Lecture	2,1	1,2,9
15	14/07/2026	Dr. Mehta	Samhita Pathan, PA 6	-	01	CR	2	1





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16	14/07/2026	Dr. Mehta	A. Hr. Su. 10 Rasabhedeeya Adhayaya	01	-	Lecture	2,1	1,2,9
17	15/07/2026	Dr. Chiplunkar	A. Hr. Su. 10 Rasabhedeeya Adhayaya	01	-	Lecture	2,1	1,2,9
18	16/07/2026	Dr. Mehta	A. Hr. Su. 10 Rasabhedeeya Adhayaya	01	-	Lecture	2,1	1,2,9
19	17/07/2026	Dr. Sadvilkar	A. Hr. Su. 10 Rasabhedeeya Adhayaya	01	-	Lecture	2,1	1,2,9
20	18/07/2026	Dr. Chiplunkar	A. Hr. Su. 10 Rasabhedeeya Adhayaya	-	01	CBL	2,1	1,2,9
21	20/07/2026	Dr. Chiplunkar	Samhita Pathan	-	01	CR	2	1
22	20/07/2026	Dr. Chiplunkar	A. Hr. Su. 10 Rasabhedeeya Adhayaya	-	01	CBL	2,1	1,2,9
23	21/07/2026	Dr. Mehta	Samhita Pathan	-	01	CR	2	1
24	21/07/2026	Dr. Mehta	A. Hr. Su. 10 Rasabhedeeya Adhayaya	-	01	CBL	2,1	1,2,9
25	22/07/2026	Dr. Chiplunkar	A. Hr. Su. 10 Rasabhedeeya Adhayaya	-	01	CBL	2,1	1,2,9
26	23/07/2026	Dr. Mehta	Cha. Su. 5 Matrashiteeya Adhyaya	01	-	Lecture	5,2,6,4,1	1,2,5,7,8,9
27	24/07/2026	Dr. Sadvilkar	Cha. Su. 5 Matrashiteeya Adhyaya	01	-	Lecture	5,2,6,4,1	1,2,5,7,8,9
28	25/07/2026	Dr. Chiplunkar	Cha. Su. 5 Matrashiteeya Adhyaya	01	-	Lecture	5,2,6,4,1	1,2,5,7,8,9
29	27/07/2026	Dr. Chiplunkar	Samhita Pathan	-	01	CR	2	1
30	27/07/2026	Dr. Chiplunkar	Cha. Su. 5 Matrashiteeya Adhyaya	-	01	Visit to PK	5,2,6,4,1	1,2,5,7,8,9
31	28/07/2026	Dr. Mehta	Samhita Pathan	-	01	CR	2	1
32	28/07/2026	Dr. Mehta	Cha. Su. 5 Matrashiteeya Adhyaya	-	01	Visit to PK	5,2,6,4,1	1,2,5,7,8,9
33	29/07/2026	Dr. Chiplunkar	Cha. Su. 5 Matrashiteeya Adhyaya	-	01	Group project	5,2,6,4,1	1,2,5,7,8,9
34	30/07/2026	Dr. Mehta	Cha. Su. 5 Matrashiteeya Adhyaya	-	01	Group project	5,2,6,4,1	1,2,5,7,8,9
35	31/07/2026	Dr. Sadvilkar	Cha. Su. 5 Matrashiteeya Adhyaya	-	01	Group project	5,2,6,4,1	1,2,5,7,8,9

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ADVANCE TEACHING PLAN

Name of the Dept.- Dept. of Sanskrit Samhita Siddhant

Professional Year - 2nd BAMS Batch - 2024-25 Term - First Month - July 2026

Total Allotted Lectures - 22

LECTURE & NON-LECTURE (Sambhita Adhyayan-2)

Sr. No.	Faculty	Date	Name of Topic	LH	NLH	Teaching Method	CO	PO
1	Vd. Ingle	02/07/2026	Cha. Su. 18	-	01	Problem based	CO1,2,3,5,6	PO1,3,5,7
2	Vd.Chiplunkar	03/07/2026	Cha. Su. 19	-	01	Interaction	CO1,2,3,4,6,7,8	PO1,3,5,6, 7,8,9
3	Vd.Sadvilkar	06/07/2026		01	-	Lecture with PPT		
4	Vd.Chiplunkar	07/07/2026		-	01	GD		
5	Vd.Chiplunkar	07/07/2026		01	-	Lecture with PPT		
6	Vd. Ingle	09/07/2026	Cha. Su. 20	-	01	Interaction		
7	Vd.Chiplunkar	10/07/2026		-	01	Problem based	CO1,2,3,4,6,8	PO1,3,5,6, 7,8,9
8	Vd.Sadvilkar	13/07/2026		01	-	Lecture with PPT		
9	Vd.Chiplunkar	14/07/2026		-	01	Self-directed Learning		
10	Vd.Chiplunkar	14/07/2026	Cha. Su. 21	01	-	Lecture with PPT		
11	Vd. Ingle	16/07/2026		-	01	Interaction	CO1,2,3,4,6,8	PO1,3,5,6, 7,8,9
12	Vd.Chiplunkar	17/07/2026		-	01	Brainstorming		
13	Vd.Sadvilkar	20/07/2026		01	-	Lecture with PPT		
14	Vd.Chiplunkar	21/07/2026		-	01	Self-directed Learning		
15	Vd.Chiplunkar	21/07/2026		01	-	Lecture with PPT		
16	Vd. Ingle	23/07/2026	Cha. Su. 22	-	01	Interaction	CO1,2,4,5,7	PO1,3,5
17	Vd.Chiplunkar	24/07/2026		-	01	Problem based		
18	Vd.Sadvilkar	27/07/2026		01	-	Lecture with PPT		
19	Vd.Chiplunkar	28/07/2026		-	01	Case based		
20	Vd.Chiplunkar	28/07/2026		01	-	Lecture with PPT		
21	Vd. Ingle	30/07/2026	Cha. Su. 23	-	01	Interaction	CO1,2,3,5,6	PO1,3,5,7
22	Vd.Chiplunkar	31/07/2026		-	01	Recitation		

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ADVANCE TEACHING PLAN

Name of Department: Samhita Siddhant
Term: 3rd Month: July 2026

Professional Year: 3rd BAMS Batch: Alapure [2021-22]
Name of Faculty: Vd. Pradeep Ingle & Vd. Ninad Sadvilkar

LECTURE & NON-LECTURE (Samhita Adhyayan-3)

Sr. No.	Date	Faculty	Name of Topic	LH	NLH	Teaching Method	CO	PO
1	01/07/2026	Vd. Sadvilkar	Cha. Si 9 Trimarmiya Siddhi	01	-	Lecture	CO1,2	PO1,2,3,9
2	06/07/2026	Vd. Ingle	Cha. Si 10 Basti Siddhi	-	01	Team based learning	CO1	PO2,9
3	07/07/2026	Vd. Sadvilkar		Brainstorming				
4	08/07/2026	Vd. Sadvilkar	Cha. Si 11 Phalamatra Siddhi	01	-	Lecture	CO1,2	PO1,2,3,9
5	13/07/2026	Vd. Ingle		-	01	Activity based		
6	14/07/2026	Vd. Sadvilkar		-	01	Problem based		
7	15/07/2026	Vd. Sadvilkar	Cha. Si 12 Uttara Basti Siddhi	01	-	Lecture	CO1,2,5	PO1,2,3,4,5,9
8	20/07/2026	Vd. Ingle		-	01	Case based		
9	21/07/2026	Vd. Sadvilkar		-	01	Brainstorming		
10	22/07/2026	Vd. Sadvilkar	Revision	01	-	Lecture	-	-
11	27/07/2026	Vd. Ingle		-	01	Problem based		
12	28/07/2026	Vd. Sadvilkar		-	01	Team based learning		
13	29/07/2026	Vd. Sadvilkar	Revision	-	01	Problem based	-	-


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ADVANCE TEACHING PLAN

Name of the Dept.- Dept. of Sanskrit Samhita Siddhant
Professional Year - 3rd BAMS Batch - 2022-23 Term - First Month - July 2026

Total Allotted Lectures - 13

LECTURE & NON-LECTURE (Samhita Adhyayan-3)

Sr. No.	Faculty	Date	Name of Topic	LH	NLH	Teaching Method	CO	PO
1.	Vd. Ingle	02/07/2026	Cha.Chi. 11 Kshataksheen	-	01	Discussion	CO1,2,6	PO1,2,3,5,9
2.	Vd. Sadvilkar	04/07/2026		01		Lecture with PPT		
3.	Vd. Sadvilkar	06/07/2026		-	01	Brainstorming		
4.	Vd. Ingle	09/07/2026	Cha.Chi. 14 Arsha	-	01	Case based learning	CO1,2,3	PO1,2,3,5,9
5.	Vd. Sadvilkar	11/07/2026		01	-	Lecture with PPT		
6.	Vd. Sadvilkar	13/07/2026		-	01	Discussion		
7.	Vd. Ingle	16/07/2026	PA-3					
8.	Vd. Sadvilkar	18/07/2026	Cha.Chi. 16 Pandu	01	-	Lecture with PPT	CO1,2,3	PO1,2,3,5,9
9.	Vd. Sadvilkar	20/07/2026		-	01	Comparative study of Charak & Sushrut Samhita		
10.	Vd. Ingle	23/07/2026		-	01	Samhita based analysis of Disease		
11.	Vd. Sadvilkar	25/07/2026	Revision	01	-	Theory writing	-	-
12.	Vd. Sadvilkar	27/07/2026	Revision	-	01	Problem based		
13.	Vd. Ingle	30/07/2026	Revision	-	01	Discussion		

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