Maharashtra Education Society, Pune's
MES Ayurved Mahavidyalaya
NAAC Accredited
Ghanekhunt – Lote, Tal – Khed, Dist – Ratnagiri 415722
Ph. No: (02356) 661551, 661552, 661566
Email: mesayurved@mespune.in Website: ayurved.mespune.in

ADVANCE TEACHING PLAN

Name of Department: Kriya Sharir
Professional Year: 1st BAMS **Batch: 2025-26** **Term: IIIrdTerm** **Month: November 2026**

LECTURE & NON-LECTURE (THEORY)

Sr. No.	Date	Name of Topic	LH	NLH	Teaching Method	Name of Faculty	CO	PO
1.	1/11/2026 to 15/11/2026	**Winter Vacation 2026**						
2.	16/112026	**Physiology of Endocrine glands:** physiology of all endocrine glands, their functions and their effects.	–	01	Assignment	Dr. Lonkar Akshay	CO1	PO1,PO2
3.	17/11/2026	**Physiology of Endocrine glands:** physiology of all endocrine glands, their functions and their effects.	–	01	Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
4.	19/112026	**Upadhatu:** General introduction, etymological derivation and definition of the term Upadhatu	01	-	Lecture , Discussion	Dr. Lonakr Akshay	CO1	PO1,PO2
5.	20/11/2026	**Upadhatu:** Formation, nourishment, properties, location and functions of each Upadhatu.	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
6.	21/11/2026	**Upadhatu -Stanya:** Characteristic features and methods of assessing Shuddha and Dushita Stanya, manifestations of Vriddhi and Kshaya of Stanya.	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
7.	23/11/2026	**Upadhatu -Artava:** Characteristic features of Shuddha and Dushita Artava.	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
8.	26/11/2026	**Ahara:** Definition, classification and significance of Ahara,	01	-	Lecture , Discussion	Dr. Howal Madhavi	CO1	PO1,PO2
9.	27/11/2026	Describe the pancha- jnyaanendriya physiology of perception of shabda, sparsha, rupa, rasa and gandha	01	-	Lecture , Discussion	Dr. Phule Sharayu	CO1	PO1,PO2

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10.	28/11/2022	**Upadhatu -Artava** :Differences between Raja and Artava, physiology of Artavavaha Srotas	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2
11.	30/11/2026	**Upadhatu -Tvak:** classification, thickness of layer and functions.	01	-	Lecture , Discussion	Dr. Lonkar Akshay	CO1	PO1,PO2

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Academic Committee
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Name of Department: Kriya Sharir
Professional Year: 1st BAMS **Batch: 2025-26** **Term: IIIrd Term** **Month: November2026**

NON LECTURE (PRACTICAL)

Sr. No.	Date	Name of Practical	Teaching Method	Name of Faculty	CO	PO
1.	1/11/2026 to 15/11/2026	**Winter Vacation 2026**				
2.	17/11/2026	Urine Examination	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
3.	18/11/2026	Urine Examination	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
4.	19/112026	Urine Examination	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
5.	20/11/2026	Urine Examination	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
6.	25/11/2022	Urine Examination	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5
7.	26/11/2026	Urine Examination	Lecture, Demonstration, Discussion Assist, Perform	Dr. Howal Madhavi	CO3	PO1,PO2,PO3,PO5
8.	27/11/2026	Demonstrate ESR, PCV	Lecture, Demonstration, Discussion Assist, Perform	Dr. Lonkar Akshay	CO3	PO1,PO2,PO3,PO5

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